

Now that the revised curriculum has been taught, please consider the Implementation and Impact of the curriculum you taught. What changes might need to be made to the Curriculum Intent (See Curriculum Map and Overviews) in light of this year's experiences?

Year 11 Overview 2024-25 – PE

Date	Wk	Week	Units Studied & Learning Outcomes	Key Concepts & Assessment	
8 weeks (8 Lessons) (38Days)					
2-Sep	A	1	Skills Development	<p>There is a strong focus within KS4 on developing life long exercise habits and therefore students are given options to try that will help to identify future activities of interest. Alongside this PE is used as a vehicle to help students reduce stress levels.</p> <p>Students are provided with a set of options to pick from head of Core PE options – students use the GC to pick activity area for the block.</p> <ul style="list-style-type: none"> Equality Diversity and Inclusion (EDI) links? <i>Parent and Carers month/Black History month 3/9 World afro day 23/9 International day of sign languages 10/10 world mental health day 5/10 world teachers day 6/10 World cerebral palsy day</i> 	
9-Sep	B	2	Rugby (F)		
16-Sep*		3	Fitness (S)		
			Football (F/A)		
	A		Table Tennis (G)		
23-Sep	B	4	Boxing (S)		
30-Sep		5	Frisbee (A)		
			Climbing (G)		
	A		Gaelic Football (F)		
7-Oct	B	ST1	Football (F)		
14-Oct	A	ST1	Bench/dodgeball (Y/G)		
21-Oct	B	ST1	Yoga (S)		
			Leadership (A)		
Half-Term 7 weeks (7 lessons) (35 Days)					
4-Nov	A	9	Boxing (S)	<ul style="list-style-type: none"> Equality Diversity and Inclusion (EDI) links? <i>Mens health awareness month/disability confident month 1/11 Diwali 12/11 Remembrance Sunday 13/11-19/11 Transgender awareness week 14/11 World Diabetes Day 1/12 World AIDS day 25/12 Christmas Day</i> 	
11-Nov			Climbing (G)		
	B	10	Table Tennis (G)		
			Gaelic Football (F)		
18-Nov	A	11	Table Tennis (G)		
25-Nov			Exercise to music (S)		
			Orienteering (F)		
	B	12	Football (A)		
2-Dec	A	13	Orienteering (F)		
9-Dec	B	14	Fitness HIIT (S)		
16-Dec			Football (F)		
	A	15	Leadership (A)		
Christmas Holiday 6 weeks (6 lessons) (30 Days)					
6-Jan	B	16			<ul style="list-style-type: none"> Equality Diversity and Inclusion (EDI) links? <i>LGBT+ History month</i>

13-Jan	A	17	<p>Orienteering (F)</p> <p>Fitness (S)</p> <p>Football (F)</p> <p>Trampolining(G)</p>	<p>27/1 Holocaust memorial day</p> <p>1/2 World Hijab Day</p> <p>6/2-12/2 Children's mental health week.</p> <p>7/2 Safer internet day</p> <p>10/2 Chinese New Year</p>
20-Jan	B	ST2	Trampolining (G)	
27-Jan	A	ST2	Fitness (S)	
3-Feb	B	ST2	Tag Rugby (A)	
10-Feb	A	21	<p>Climbing (G)</p> <p>HIIT/Yoga (S)</p> <p>Badminton (G)</p> <p>Leadership (A)</p> <p>Ball games (F/C)</p>	
Half-Term 6 weeks (6 lessons) (29 Days)				
25-Feb	B	22	<p>HIIT/Yoga (S)</p> <p>Badminton (G)</p> <p>Leadership (A)</p> <p>Ball games (F/C)</p>	<ul style="list-style-type: none"> INSET 24th Feb Equality Diversity and Inclusion (EDI) links? Women's history month Ramadhan begins 1/3 21/3 World Down Syndrome day 31/3 Transgender day of visibility
3-Mar	A	23	Dodgeball/Benchball (G)	
10-Mar	B	24	<p>Yoga/HITT (S)</p> <p>Ball Games (net/hand) ©</p> <p>Frisbee (A)</p>	
17-Mar	A	25	Rounders	
24-Mar	B	26		
31-Mar	A	27	<p>Cricket</p> <p>Bench ball/dodgeball</p> <p>Softball</p>	
Easter Holiday 5 weeks (3 lessons) (23 Days)				

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22-Apr	B	28	Rounders	<ul style="list-style-type: none"> Easter Monday 21st Early May bank hol 6/5 • Equality Diversity and Inclusion (EDI) links? <p>Good Friday 18/4 Easter Sunday 20/4 Autism and stress awareness month. 25/4 World Malaria Day 26/4 Lesbian visibility day UK national walking month. 1/5-7/5 Deaf awareness week 23/05 Vesak</p>
28-Apr	A	29	Cricket	
5-May	B	30	Tennis	
12-May	A	GCSE	Softball	
19-May	B	GCSE		

2-Jun	A	33	SJBF INSET 4/7	<ul style="list-style-type: none"> Equality Diversity and Inclusion (EDI) links? <p>LGBTQ+ pride month. Gypsy, Roma and Traveller history month. 12/6 world day against child labour 18/6 autistic pride day 20/6 World refugee day</p>
9-Jun	B	34		
16-Jun	A	35		
23-Jun	B	36		
30-Jun	A	37		
7-Jul	B	38		
14-Jul	A	39		

Foundational Concepts

- Life long sport and recreation, Health and wellbeing, good physical and mental health during exam stress
- Tactics and strategy, mental and physical well being, health and safety, reflective analysis, leadership, competitive opportunities.

Tier 2/3 Vocabulary

- Spin, stance, scanning, vision, coordination, speed, power, extension and flexion, front barrier, long barrier.
- Rotation, summersault, flexion, extension, abduction, adduction, power, focus, dynamic balance, transition, control, fluidity, movement
- Authority, control, management, consistency, understanding.
- Choreography, Levels, travel, formations, coordination, flexibility, posture, control, timing, rhythm, cannon, unison.
- Rotation, consistency, communication, hand signals, let,
- Spin, transfer, power, release, flexibility, drive, execution, competitive, trajectory, acceleration, technique, changeover, pacing, timing, reaction time, coordination, speed, muscular endurance, cardiovascular endurance.

How will it link to history, culture, authentic artefacts, music, art, literature?

- It wasn't until the 1840s that players and organisers sought a clarification of the rules of the sport, so it's interesting that reference to a referee was made in a match report from a Rochdale game in 1842. Having said all of that, these 'referees' didn't operate in quite the same way as we understand the role today.
- The game was invented in England in the early days of the 20th century and was originally called Ping-Pong, a trade name. The name **table tennis** was adopted in 1921–22 when the old Ping-Pong Association formed in 1902 was revived. The origins of the game can be traced to a 12th–13th-century French handball game called jeu de paume ("game of the palm"), from which was derived a complex indoor racket-and-ball game: real **tennis**.
- Dance** is a series of support skills and fitness options that enhance every other activity a person will do. For example, spatial awareness and movement development are necessary in every sport an "elite athlete" will participate in. First archaeological proof of **dance** comes from the 9 thousand year old cave paintings in India. One of the earliest uses of structured **dance** was introduced in religious ceremonies that told the stories of ancient myths and gods. Egyptian priests used this kind of visual storytelling in their rituals.
- Trampolining was created in the early 1930s, George Nissen observed trapeze artistes performing tricks when bouncing off the safety net. He made the first modern trampoline in his garage to reproduce this on a smaller scale and used it to help with his diving and tumbling activities.
- The sport of **cricket** has a known history beginning in the late 16th century. Having originated in south-east England, it became the country's national sport in the 18th century and has developed globally in the 19th and 20th centuries. International matches have been played since 1844 and **Test cricket** began, retrospectively recognised, in 1877. Cricket is the world's second most popular spectator sport after **association football** (soccer). Governance is by the **International Cricket Council** (ICC) which has over one hundred countries and territories in membership although only twelve currently play Test cricket.
- Athletic contests in running, walking, jumping and throwing are among the oldest of all sports and their roots are prehistoric. Athletics events were depicted in the Ancient Egyptian tombs in Saqqara, with illustrations of running at the Heb Sed festival and high jumping appearing in tombs from as early as of 2250 BC.

Where has Equality Diversity and Inclusion (EDI) been included for teaching the curriculum?

- All students will be given the same opportunity to partake in all sports.
- Promotion of sporting stars that are having a positive effect in Sport at present e.g Raheem Stirling (anti racism campaigns). Nicola Adams (OBE) within boxing, Gareth Thomas (Wales Rugby Union, British lions Rugby Union) and Elinor Snowsill (Wales Rugby Union) who are all strong advocates of LGBT+ community in sport.
- Promotion of sporting stars that are having a positive effect in promoting LGBT+ in Table tennis at present e.g **Kelly Sibley** (born 21 May 1988) is a former professional table tennis player and current coach from England. Sibley won the singles, girls doubles and mixed doubles at the UK Junior Championships and has represented England at senior level at the Commonwealth Games, European Championships and World Championships. Sibley married her wife Laura in April 2017.
- Miley Cyrus may be in a happy relationship with Hollywood star Liam Hemsworth, but the Malibu singer is a proud and outspoken member of the LGBTQ+ community.

Careers links

- All sports can be linked to careers as performers, officials or volunteers.
- The PE corridor has a board linking PE to specific carers in sport and students are signposted here.
- Careers day in school and careers evening.
- DoE and Careers visits to colleges to look at PE courses

Assessment (Quiz/Tests/application tasks/ ST: Including foundational concepts, wider disciplinary knowledge, key content.)

- Students PE time in Year 10/11 is reduced to one hour a week and there is a shift in emphasis on the delivery in KS4. Students are offered a wider variety of activities to help students to establish activities that they enjoy whilst in school but also after leaving school and into their adult lives. There is a strong focus on reducing the effects of exam pressures and providing students with methods to reduce their anxiety and stresses through engaging activities.

Prompt Questions

Now that the revised curriculum has been taught, please consider the Implementation and Impact of the curriculum you taught.

What changes might need to be made to the Curriculum Intent (See Curriculum Map and Overviews) in light of this year's experiences?

Please revisit the prompts from last year:

- What are the Key concepts for this unit?
- How will it link to wider disciplinary knowledge/cultural capital: history, culture, authentic artefacts, music, art, literature?
- How does it build on prior knowledge and link to other units, concepts, years, GCSE?
- What is it intended students will have learned?
 - For each Unit? By the end of the Year?
 - GW: ; BI: ; EW
- Is it worth summarising in a knowledge organiser?
- **Assessment: how do you know they have learned the foundational concepts, curriculum and wider disciplinary knowledge? Does assessment look like GCSE light? Should it?**
- Skills used/learned
- Tier 2/3 vocabulary ((Etymology e.g. of Greek/Latin)