		Year	11 Overview	ı 2024-25 —	Physical Edu	cation (Cambrid	ge National)
Date	Wk	Week	Units Stud	lied & Learning	Outcomes	Ke	y Concepts & Assessment
					8 weeks (38Da	vs)	
2-Sep	А	1	R187 Increasin		•		
9-Sep	В	2	adventurous a	ctivities.		Practical delivery – Student to produce two log books throughout the year. This must be for	
16-Sep*	A	3	Prior (Y10)	Current (Y11)	Next (Y12)	two different spo	
23-Sep	В	4	Planning, organising	Explore the three	Linking to Level 3 / 4	Month	Activity
30-Sep	ь	5	and risk	identified	qualification.	Sept - Oct	Outdoor activities
	Α		assessments	outdoor		Nov - Dec Jan - Feb	Outdoor activities Outdoor activities
7-Oct	В	ST2	used in previous	activities in line with the		March	Revisit
14-Oct	Α	ST2	Unit within	allocated		April - June	Exam preparation
21-Oct	В	ST2	Year 10.	task.			
21-000		312		Can identify lo	ocal and	Foundational	Organisation, estimating, pacing,
			GW	national provi		Concepts	team work, analysis, discussion.
				Plan a safe and		=	
			BI	route for your	OAA activity Iring adequate	WALT	provision for three OAA activity.
				equipment an	• •		equipment needed for three named
				utilised.	_	OAA.	
			[] 	Effectively par		Understand the for three OAA a	clothing, safety procedures needed
			EW	a safe paired (role as part of	101 tillee OAA a	ctivities.
				a sare panea s			
			1.				
			TASK 1 WALT – Underst	tand the provisi	on for one OAA	Tier 2/3	Belay, exploration, pitch, abseiling,
			activity. (1-2)	tand the provisit	on one daa	Vocabulary	personal location beacon, collaborative, contingency.
			Introduction to	OAA unit			conductive, contingency.
						Etymology	Kindvnos-risk
			2. TASK 1				•
			WALT – Underst	tand the provision	on for one OAA	EDI	Respecting and promoting the
			activity. (Contin	uation from pre	vious lesson).		rights, responsibilities and dignity
			(2-2)				of individuals. All students acting as leaders with equal opportunities
			Single – R184 To	ppic Area 3 The I	mplications of		to map read and plan their own
			hosting a major	sporting event f	or a city or		route.
			country. 3.1 Regular, one	off and regular	and recurring		1
			sporting events.		and recurring	Assessment of	Coursework and practical
						Progress	assessment in R187. Starter to each lesson – recap
			R184 Contempo	-			previous learning, interrupting
			Prior (Y10)	Current (Y1:			forgetting during lesson,
			TA 1 – Participation	TA 3- Hosting a major	Exercise Linking to Level 3 / 4		homework.
			in Sport	sporting	qualificatio	History	Olympic games, technology in
			TA 2 –	event	n.	1.1.5.01 y	sports, failed drugs tests – Lance
			Promoting sporting	TA 4 – NGBs TA 5 –			Armstrong, Dwain Chambers.
			values	Technology i	n		
				Sport		Careers Links	Sports coach, event organiser,
			L			J	Physiotherapist, sports masseur, sports scientist, teacher.
							1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
1						Misconceptions	Drug testing procedures. The
							Technology has always been here
			1			1	

GW	The role of the Olympic
	games
ВІ	How the Olympic games contributes to the hosting country: prior, during and after.
EW	Ability to contrast both positive and negative aspects of hosting.

and has not developed. Olympic games hosting is always a success.

3.

TASK 1

WALT – Understand the provision for the second OAA activity. (1-2)

4.

TASK 1

WALT – WALT – Understand the provision for the second OAA activity. (2-2)

Single – R184 Topic Area 3 Positive and negative pre, during, post event of hosting a major sporting event. (Possible second lesson if needed)

5.

TASK 3

WALT – Understand the provision for the third OAA activity. (1-2)

7 Weeks	125	Davel	

Half-Term		
4-Nov	Α	9
11-Nov	В	10
18-Nov	Α	
		11
25-Nov	В	12
2-Dec	Α	
		13
9-Dec	В	14
16-Dec		

Α

15

WALT - Understand the provision for the third OAA activity. (2-2)

Single – R184 REVISIT - Topic Area 3 Positive and negative pre, during, post event of hosting a major sporting event.

GW	The role of NGBs
ВІ	Knowledge of how NGBs contribute towards sport in a variety of ways.
EW	Understanding of the crucial role that NGBs have working alongside other organisations to help sports to develop.

10.
TASK 2
WALT – Understand the equipment needed
for the first named OAA.

What it is, how it used, how it benefits.

Practical delivery	- Student to produce two log			
books throughout the year. This must be for				
two different sports.				
Month	Activity			
Sept - Oct	Outdoor activities			
Nov - Dec	Outdoor activities			
Jan - Feb	Outdoor activities			
March	Revisit			
April - June	Exam preparation			

Foundational	Organisation, estimating, pacing,		
Concepts	team work, understanding of the		
	sports development continuum.		

WALT

Understand the equipment needed for three named OAA.

Topic Area 3: Positive and negative pre, during, post event of hosting a major sporting event.

Topic Area 4: The role National Governing Bodies (NGBs) play in the development of their sport.

Understand the clothing, safety procedures needed for three OAA activities.

11. TASK 2	tand the equipment needed	Topic Area 5: Th	e use of technology in Sport.
for the second r	named OAA.		
Single – R184 To Governing Bodie development of Participation, inf	t used, how it benefits. pic Area 4: The role National es (NGBs) play in the their sport. frastructure, organise	Tier 2/3 Vocabulary	Belay, exploration, pitch, abseiling, personal location beacon, collaborative, continency, partnerships, media, initiatives, funding, sponsorship.
	d competitions, rules and redures., safety within the	Etymology	Kindvnos-risk
for the third nar	tand the equipment needed med OAA. t used, how it benefits.	EDI	Respecting and promoting the rights, responsibilities and dignity of individuals. All students acting as leaders with equal opportunities to map read and plan their own route. How NGBs release funding with
are completed	all three equipment sections		specific targeted approaches for underrepresented groups to increase participation and make sport accessible for everyone.
Single – R184 To Governing Bodie development of Recap on previo guidance, policie	t used, how it benefits. ppic Area 4: The role National es (NGBs) play in the their sport. us. Support and technical es and initiatives, lobby for ation of funds, advice on	Assessment of Progress	Coursework and practical assessment in R187. Starter to each lesson – recap previous learning, interrupting forgetting during lesson, interleaving, homework.
funding. 14. TASK 3	,	History	Olympic games, technology in sports, failed drugs tests – Lance Armstrong, Dwain Chambers.
WALT - Underst	and the clothing, safety ded for the first named OAA	Careers Links	Sports coach, event organiser, Physiotherapist, sports masseur, sports scientist, teacher.
	and the clothing, safety ded for the second named OAA	Misconceptions	National Governing Bodies have limited impact on a sport. National Governing Bodies have unlimited funds. Olympic games hosting is always a success.
technology in Sp To enhance perf	pric Area 5: The use of port. Formance - Equipment, s, recovery and rehab,		unrays a success.
GW	Identify at least two different forms of technology in each of the categories.		
ВІ	Can explain the role that each of the identified forms of technology has in developing sports.		

		EW po	bility to contrast both ositive and negative spects of the technology.		
Christmas Holiday			6 weeks (30 Days)		
6-Jan l	В	16.			
13-Jan	Α		I the clothing, safety I for the third named OAA	books throughout	- Student to produce two log the year. This must be for
1	В	activity		two different spor	Activity
20-Jan		17.		Sept - Oct	Outdoor activities
	Α	TASK 3	outstanding slathing safatu	Nov - Dec	Outdoor activities
27-Jan		procedures for all C	outstanding clothing, safety	Jan - Feb	Outdoor activities
3-Feb I	В	'		March April - June	Revisit Exam preparation
		Single – R184 Topic technology in Sport To increase the safe Helmets, Gloves, pr guards, mouth guar	ety of participants – rotective padding and	Foundational Concepts	Safety awareness, tactical appreciation, technology evolution
		TASK 3 WALT – Complete comprocedures for all C	outstanding clothing, safety DAA.	for all three nam Technology to in	clothing, safety procedures needed ned OAA activities.
		of officiating – VAR	 y and increase the accuracy , Television match official, times/ distances and at the	<mark>officiating.</mark> Practical assessn	ncrease fair play and accuracy of ment preparation atorship through the use of
		technology in Sport To increase fair play of officiating – VAR, hawkeye, hotspot, line, post event disc 19. TASK 3 PRACTICAL	 y and increase the accuracy , Television match official, times/ distances and at the	officiating. Practical assessn Enhancing spect	nent preparation
		technology in Sport To increase fair play of officiating – VAR hawkeye, hotspot, t line, post event disc 19. TASK 3 PRACTICAL final preparations f next week.	y and increase the accuracy, Television match official, times/ distances and at the ciplinary action. Trial run through and	officiating. Practical assessn Enhancing spect technology Tier 2/3	nent preparation atorship through the use of Compression, aerodynamic, accessibility, drag, rehabilitation, cryotherapy, recovery, disciplinary,
		technology in Sport To increase fair play of officiating – VAR hawkeye, hotspot, line, post event disc 19. TASK 3 PRACTICAL final preparations for next week. 20. TASK 3 PRACTICAL WALT – Split into the take part in practice complete the theory Single - R184 WALT through the use of Video replays, decisinformation.	y and increase the accuracy, Television match official, times/ distances and at the ciplinary action. Trial run through and for practical assessment wo groups. Group 1 will al and Group 2 will ry. T – Enhancing spectatorship	officiating. Practical assessn Enhancing spect technology Tier 2/3 Vocabulary	nent preparation atorship through the use of Compression, aerodynamic, accessibility, drag, rehabilitation, cryotherapy, recovery, disciplinary, affordability, enhanced.
10-Feb	A	technology in Sport To increase fair play of officiating – VAR hawkeye, hotspot, t line, post event disc 19. TASK 3 PRACTICAL final preparations f next week. 20. TASK 3 PRACTICAL WALT – Split into tv take part in practic complete the theory Single - R184 WALT through the use of Video replays, decis information. 21. TASK 3 PRACTICAL	y and increase the accuracy, Television match official, times/ distances and at the ciplinary action. Trial run through and for practical assessment wo groups. Group 1 will al and Group 2 will ry. T – Enhancing spectatorship technology. sion making, scores and	officiating. Practical assessn Enhancing spect technology Tier 2/3 Vocabulary Etymology	Compression, aerodynamic, accessibility, drag, rehabilitation, cryotherapy, recovery, disciplinary, affordability, enhanced. Techne-technology Respecting and promoting the rights, responsibilities and dignity of individuals. All students acting as leaders with equal opportunities to map read and plan their own route. WADA used to ensure there is equality within performance in

			WALT – Enhancing spectatorship through the use of technology.		forgetting during lesson, interleaving, homework.
			Video replays, decision making, scores and information.	History	Looking back at how technology has developed to bring sport to its current levels.
				Careers Links	Sports coach, event organiser, Physiotherapist, sports masseur, sports scientist, teacher.
				Misconceptions	Technology can only be a good thing.
Half-Term			6 weeks (29 Days)		
25-Feb	В	22	INSET 24th Feb		
3-Mar	A				
10-Mar	В	23	22	books throughou	- Student to produce two log t the year. This must be for
17-Mar	A	25	TASK 3 PRACTICAL	two different spo	
24-Mar	В	26	WALT – RESERVE DATE IF NEEDED. Practical assessment. If needed those students not	Month	Activity
31-Mar			getting assessed use the time to refine TASK	Sept - Oct	Outdoor activities
			1-3.	Nov - Dec Jan - Feb	Outdoor activities Outdoor activities
				March	Revisit
			Single – TASKS 1-3, complete outstanding	April - June	Exam preparation
			work.	Foundational	4 stage warm up and cool down,
			23. R187 Task 4 Evaluation WALT – Review planning, preparation and performance in the activity. Single - WALT Positive and negative effects of	Concepts	knowledge of sporting activities, understanding of sports development continuum, technology evolution, developing a structured response.
			technology in sport. Positives – enhanced performance, lower risk of injury, quicker recovery from injury, more accurate decisions. Negatives – Unequal access, increased cost,	Evaluation of OA Positive and neg	ctical assessment in OAA AA including the planning process gative effects of technology in Sport
			availability and affordability, changes to the nature of the sport, decisions influenced by technology.	spectator exper	gative effects of technology on the ience and utilising PEE effectively.
			Single – R184 Topic Area 5: The use of technology in Sport. Positive and negative effects of technology on the spectator experience. Positives – Increased understanding, fairness, action replays, 24/7 coverage. Negatives – Changing nature of sport, hold ups	Tier 2/3 Vocabulary	Lobbying, prosthetics, hawkeye. Crypotherapy, community, National, engagement, partnerships, discussion, positives and negatives.
			in play, technology over natural talent, lessens excitement.	Etymology	Techne-technology
			24. TASK 4 R187 Task 4 Evaluation Single – Theory preparation 25.	EDI	Respecting and promoting the rights, responsibilities and dignity of individuals. All students acting as leaders with equal opportunities to map read and plan their own route.
	А	27	WALT – Respond to any verbal and generic EBI ahead of final hand in.		Technology and its availability for everyone, through available

		Deadline R187 TASK 1-4 Final hand in 21st March		funding and sponsorship opportunities.
		26. WALT – Revisit TOPIC AREA 1. Include quick fire recall ALL UNITS. Single – EXAM structure PEE and exam questions.	Assessment of Progress	Coursework and practical assessment in R187. Starter to each lesson – recap previous learning, interrupting forgetting during lesson, interleaving, homework.
		27. WALT – Revisit TOPIC AREA 2. Include quick fire recall ALL UNITS.	History	Origin of sports, technological advances.
			Careers Links	Sports coach, event organiser, Physiotherapist, sports masseur, sports scientist, teacher.
			Misconceptions	Technology has always been there and has not developed
		5 weeks (23 Days)		
В	28			
		Early May bank hol 6/5		
В	30	WALT – Revisit TOPIC AREA 3. Include quick		
A	ST2	29. WALT – Revisit TOPIC AREA 4/5. Include quick fire recall ALL UNITS. 30. WALT - Interactive games focusing on ACRONYMS and application to exam questions.		
В	ST2			
		7 weeks (34 Days)		
Α	33	GCSE Exams		sity and Inclusion (EDI) links?
В	34		LGBTQ+ pride month. Gypsy, Roma and Trav	veller history month
			12/6 world day agains	
Α	35			
A B	35 36		18/6 autistic pride day 20/6 World refugee day	,
			18/6 autistic pride day	,
В	36		18/6 autistic pride day	,
	В	A 29 30 B A ST2	March 28th March internal moderation of R187 26. WALT – Revisit TOPIC AREA 1. Include quick fire recall ALL UNITS. Single – EXAM structure PEE and exam questions. 27. WALT – Revisit TOPIC AREA 2. Include quick fire recall ALL UNITS. B 28 Easter Monday 21st Early May bank hol 6/5 A 29 30 B WALT – Revisit TOPIC AREA 3. Include quick fire recall ALL UNITS. A ST2 29. WALT – Revisit TOPIC AREA 4/5. Include quick fire recall ALL UNITS. 30. WALT – Interactive games focusing on ACRONYMS and application to exam questions. B ST2 7 weeks (34 Days)	March 25th March internal moderation of R137 26. WALT – Revisit TOPIC AREA 1. Include quick fire recall ALL UNITS. Single – EXAM structure PEE and exam questions. 27. WALT – Revisit TOPIC AREA 2. Include quick fire recall ALL UNITS. Careers Links Misconceptions 5 weeks (23 Days) B 28 A 29 B 30 B WALT – Revisit TOPIC AREA 3. Include quick fire recall ALL UNITS. 29. WALT – Revisit TOPIC AREA 4/5. Include quick fire recall ALL UNITS. 30, WALT – Revisit TOPIC AREA 4/5. Include quick fire recall ALL UNITS. 30, WALT – Interactive games focusing on ACRONYMS and application to exam questions. B ST2 7 weeks (34 Days)

Prompt Questions

Please revisit the prompts from last year:

- What are the Key concepts for this unit?
- How will it link to wider disciplinary knowledge/cultural capital: history, culture, authentic artefacts, music, art, literature?
- How does it build on prior knowledge and link to other units, concepts, years, GCSE?
- What is it intended students will have learned?
- o For each Unit? By the end of the Year?
 - o GW:; BI:; EW
- Is it worth summarising in a knowledge organiser?
- Assessment: how do you know they have learned the foundational concepts, curriculum and wider disciplinary knowledge? Does assessment look like GCSE light? Should it?
- Skills used/learned
- Tier 2/3 vocabulary ((Etymology e.g. of Greek/Latin)